

Bios of Dr. Christiane Schroeter, Hello Happy Nest

General Bio (76 Words)

Christiane Schroeter is an accomplished Health & Happiness Coach. With a background in Foods & Nutrition and a Ph.D. in Health Economics, she blends academic expertise with her own experiences to guide others on their path to well-being. Dr. Christiane's dynamic coaching style is driven by authenticity and a love for making wellness fun and accessible. As Founder of Hello Happy Nest, she is your partner on the journey to a vibrant, happier, and healthier you.

Event Bio (123 words)

Prepare to be inspired by Dr. Christiane Schroeter, a distinguished Health & Happiness Coach, and Founder of Hello Happy Nest. Hailing from Germany, her personal journey of transformation is at the heart of her approach to well-being. With a background in Foods & Nutrition and a Ph.D. in Health Economics, she seamlessly blends academic expertise with her unique life experiences to guide others.

Christiane's dynamic coaching style is a breath of fresh air, fueled by authenticity and a passion for making wellness an enjoyable journey. She doesn't just teach - she empowers you to find the fun in achieving health and happiness.

Discover the difference of Hello Happy Nest and journey alongside Christiane as your partner towards a more vibrant, happier, and healthier you. Her presentation promises to be an eye-opening experience that will leave you motivated and equipped for your own wellness journey!

Business Description (130 words)

Hello Happy Nest is your ultimate destination for holistic wellness and happiness. Founded by Dr. Christiane Schroeter, a distinguished Health & Happiness Coach, Hello Happy Nest is all about creating a life that's vibrant, joyful, and healthy. With a rich background in Foods & Nutrition and a Ph.D. in Health Economics, Christiane seamlessly combines academic expertise with her personal journey to guide others toward their path to well-being. Our dynamic coaching style is a breath of fresh air, driven by authenticity and a deep passion for making wellness a fun, accessible journey. At Hello Happy Nest, we don't just teach - we empower you to discover the joy in achieving health and happiness. Join us on your own journey to a more vibrant, happier, and healthier you. Let Hello Happy Nest be your partner in creating your best self.